

| | Place in Race | Swimmer Name | Club | Race Time |
|------------------------------------|---------------|-----------------|------------------|-----------|
| 1 Mens 4*50m Medley Relay - 100+ | 1 | | Leicestershire | 1 58.25 |
| | 2 | | Northamptonshire | 2 01.60 |
| | 3 | | Norfolk | 2 02.43 |
| | 4 | | Derbyshire | 2 02.84 |
| | 5 | | Staffordshire | 2 04.69 |
| | 6 | | Ox Bucks | 2 06.09 |
| | 7 | | Warwickshire | 2 06.14 |
| | 8 | | Worcestershire | 2 11.60 |
| | 9 | | Suffolk | 2 13.61 |
| | 10 | | Bedfordshire | 2 15.35 |
| | 11 | | Lincolnshire | 2 16.66 |
| 2 Womens 4*50m Medley Relay - 100+ | 1 | | Leicestershire | 2 12.60 |
| | 2 | | Warwickshire | 2 14.61 |
| | 3 | | Derbyshire | 2 17.95 |
| | 4 | | Northamptonshire | 2 23.85 |
| | 5 | | Lincolnshire | 2 24.23 |
| | 6 | | Staffordshire | 2 25.52 |
| | 7 | | Cambridgeshire | 2 26.29 |
| | 8 | | Suffolk | 2 30.43 |
| | 9 | | Ox Bucks | 2 34.75 |
| | 10 | | Bedfordshire | 2 43.14 |
| | 11 | | Worcestershire | 3 03.70 |
| 3 Mens 4*50m Medley Relay - 160+ | 1 | | Warwickshire | 2 02.73 |
| | 2 | | Leicestershire | 2 08.12 |
| | 3 | | Northamptonshire | 2 09.82 |
| | 4 | | Lincolnshire | 2 11.52 |
| | 5 | | Bedfordshire | 2 12.82 |
| | 6 | | Norfolk | 2 14.85 |
| | 7 | | Staffordshire | 2 14.98 |
| | 8 | | Worcestershire | 2 15.50 |
| | 9 | | Ox Bucks | 2 15.96 |
| | 10 | | Suffolk | 2 25.72 |
| | 11 | | Derbyshire | 2 27.20 |
| | 12 | | Cambridgeshire | 2 30.94 |
| 4 Womens 4*50m Medley Relay - 160+ | 1 | | Staffordshire | 2 27.25 |
| | 2 | | Ox Bucks | 2 33.87 |
| | 3 | | Northamptonshire | 2 33.96 |
| | 4 | | Lincolnshire | 2 35.86 |
| | 5 | | Leicestershire | 2 36.87 |
| | 6 | | Norfolk | 2 42.56 |
| | 7 | | Derbyshire | 2 43.08 |
| | 8 | | Warwickshire | 2 46.49 |
| | 9 | | Worcestershire | 2 52.62 |
| | 10 | | Cambridgeshire | 3 03.09 |
| | 11 | | Bedfordshire | 3 03.51 |
| 0 | | Suffolk | 99 DSQ | |
| 5 Mens 50m Butterfly - 25+ | 1 | Martin Gale | Norfolk | 27.31 |
| | 2 | J Cole | Leicestershire | 28.35 |
| | 3 | Marcel Scholten | Bedfordshire | 29.23 |
| | 4 | P Peake | Derbyshire | 29.72 |
| | 5 | | Warwickshire | 29.73 |
| | 6 | S Hillson | Worcestershire | 29.78 |
| | 7 | S Law | Staffordshire | 30.23 |
| | 8 | M Wilkinson | Lincolnshire | 30.68 |

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| | 9 J Finch | Ox Bucks | 30.75 |
| | 10 Mark Elvy | Northamptonshire | 31.27 |
| | 11 Karle Hammond | Suffolk | 31.53 |
| 6 Womens 50m Butterfly - 25+ | 1 H Bird | Leicestershire | 31.91 |
| | 2 J Swift | Warwickshire | 32.34 |
| | 3 M Houghton | Lincolnshire | 33.46 |
| | 4 S Gilman | Staffordshire | 33.95 |
| | 5 E Simpson | Derbyshire | 34.04 |
| | 6 Hannah Stirlet | Cambridgeshire | 34.33 |
| | 7 Nicole Page | Northamptonshire | 34.39 |
| | 8 Helen Tappin | Ox Bucks | 35.51 |
| | 9 Jo Johnson | Norfolk | 36.54 |
| | 10 Jackie Clarke | Bedfordshire | 39.49 |
| | 11 A Freckleton | Worcestershire | 39.67 |
| | 12 Caireen Sutherland | Suffolk | 42.35 |
| 7 Mens 50m Butterfly - 35+ | 1 Chris Ryall | Warwickshire | 28.75 |
| | 2 Dave Cartledge | Bedfordshire | 29.60 |
| | 3 P Long | Lincolnshire | 29.97 |
| | 4 D Thurgood | Derbyshire | 30.97 |
| | 5 T Ward | Staffordshire | 31.15 |
| | 6 Steve Coe | Norfolk | 31.19 |
| | 7 David Hammond | Cambridgeshire | 31.24 |
| | 8 Martin Gallagher | Suffolk | 31.67 |
| | 9 P Newstead | Leicestershire | 31.89 |
| | 10 David Clarkstone | Northamptonshire | 32.33 |
| | 11 N Woods | Ox Bucks | 34.78 |
| | 12 M Sloan | Worcestershire | 36.09 |
| 8 Womens 50m Butterfly - 35+ | 1 T Ellis | Staffordshire | 32.68 |
| | 2 Michelle Diege | Warwickshire | 32.85 |
| | 3 C Barnett | Leicestershire | 34.84 |
| | 4 Jayne O'Brien | Northamptonshire | 36.17 |
| | 5 Vall Bull | Norfolk | 36.33 |
| | 6 C Smith | Lincolnshire | 38.00 |
| | 7 Hannah Burch | Suffolk | 40.52 |
| | 8 A Holland | Derbyshire | 41.25 |
| | 9 J Atkinson | Worcestershire | 43.54 |
| | 10 Jill Dryden | Ox Bucks | 45.54 |
| | 11 Jeanette Ward | Bedfordshire | 47.99 |
| | 12 Helen Morley | Cambridgeshire | 49.55 |
| 9 Mens 50m Butterfly - 45+ | 1 T Clarke | Warwickshire | 29.35 |
| | 2 J Mcclatchey | Northamptonshire | 30.42 |
| | 3 W Ratts | Ox Bucks | 30.55 |
| | 4 R Jones | Worcestershire | 33.05 |
| | 5 I Hariblett | Leicestershire | 33.54 |
| | 6 John Grayston | Norfolk | 33.67 |
| | 7 J Gudgin | Staffordshire | 34.16 |
| | 8 Len Phoenix | Suffolk | 35.98 |
| | 9 Ted Farrier | Cambridgeshire | 36.27 |
| | 10 M Sarsfield | Derbyshire | 37.04 |
| | 11 G Green | Lincolnshire | 37.11 |
| | 12 Chris Jessup | Bedfordshire | 43.67 |
| 10 Womens 50m Butterfly - 45+ | 1 D Turner | Staffordshire | 34.73 |
| | 2 L Mcclatchie | Northamptonshire | 37.54 |
| | 3 J Oicars | Lincolnshire | 38.72 |
| | 4 Lynne Tanner | Ox Bucks | 39.68 |
| | 5 Pauline Cooke | Warwickshire | 42.65 |

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| | 6 Chris Ayres | Bedfordshire | 42.72 |
| | 7 Vicki Buck | Suffolk | 43.44 |
| | 8 P Inwood | Derbyshire | 46.59 |
| | 9 Lee Flatman | Norfolk | 55.61 |
| 11 Mens 50m Butterfly - 55+ | 1 Bob Lord | Warwickshire | 31.72 |
| | 2 Alan Jackson | Bedfordshire | 33.42 |
| | 3 P Ferguson | Staffordshire | 34.96 |
| | 4 B Twigg | Leicestershire | 35.35 |
| | 5 D Hall | Ox Bucks | 36.26 |
| | 6 Warwick Thompson | Norfolk | 40.43 |
| | 7 Richard Goddard | Cambridgeshire | 52.21 |
| | 8 I Benton | Lincolnshire | 59.05 |
| 12 Womens 50m Butterfly - 55+ | 1 Judy Wilson | Warwickshire | 36.50 |
| | 2 Barbara Legg | Ox Bucks | 41.89 |
| | 3 Sue Holdich | Suffolk | 45.45 |
| | 4 R Baxter | Lincolnshire | 1 05.02 |
| 13 Mens 50m Butterfly - 65+ | 1 Seymour Banning | Norfolk | 37.45 |
| | 2 T Evans | Derbyshire | 39.89 |
| | 3 | Warwickshire | 44.09 |
| | 4 Basil Gell | Bedfordshire | 44.36 |
| | 0 G Chapman | Ox Bucks | 99 DSQ |
| 14 Womens 50m Butterfly - 65+ | | | |
| 15 Mens 4*50m Medley Relay - 200+ | 1 | Warwickshire | 2 07.84 |
| | 2 | Northamptonshire | 2 13.15 |
| | 3 | Worcestershire | 2 15.43 |
| | 4 | Leicestershire | 2 17.67 |
| | 5 | Bedfordshire | 2 23.40 |
| | 6 | Staffordshire | 2 25.42 |
| | 7 | Norfolk | 2 28.28 |
| | 8 | Lincolnshire | 2 33.52 |
| | 9 | Cambridgeshire | 2 43.05 |
| | 10 | Derbyshire | 2 46.42 |
| | 0 | Ox Bucks | 99 DSQ |
| 16 Womens 4*50m Medley Relay - 200+ | 1 | Ox Bucks | 2 43.58 |
| | 2 | Warwickshire | 2 49.02 |
| | 3 | Lincolnshire | 2 50.96 |
| | 4 | Staffordshire | 2 53.04 |
| | 5 | Norfolk | 3 02.37 |
| | 6 | Leicestershire | 3 08.50 |
| | 7 | Suffolk | 3 10.44 |
| | 8 | Bedfordshire | 3 16.36 |
| | 9 | Derbyshire | 3 20.18 |
| | 10 | Cambridgeshire | 3 37.42 |
| 17 Mens 4*50m Medley Relay - 240+ | 1 | Bedfordshire | 2 41.16 |
| | 2 | Ox Bucks | 2 42.24 |
| | 3 | Lincolnshire | 2 46.88 |
| | 4 | Norfolk | 2 47.63 |
| | 5 | Staffordshire | 3 09.99 |
| 18 Womens 4*50m Medley Relay - 240+ | 1 | Warwickshire | 3 08.81 |
| | 2 | Lincolnshire | 3 30.97 |
| | 3 | Staffordshire | 3 58.97 |
| 19 Mens 50m Backstroke - 25+ | 1 Mark Ostteritter | Suffolk | 30.02 |

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| | 2 Stuart Harris | Northamptonshire | 30.45 |
| | 3 S Baker | Ox Bucks | 30.56 |
| | 4 S Anderson | Leicestershire | 30.57 |
| | 5 S Hillson | Worcestershire | 30.84 |
| | 6 Scott Brown | Norfolk | 31.01 |
| | 7 T Clark | Warwickshire | 31.21 |
| | 8 P Irving | Derbyshire | 31.38 |
| | 9 M Mitchell | Staffordshire | 34.01 |
| | 10 A Gee | Lincolnshire | 35.19 |
| | 11 Robbie Dixon | Bedfordshire | 36.59 |
| 20 Womens 50m Backstroke - 25+ | 1 Jo Collins | Leicestershire | 32.33 |
| | 2 Jill Groves | Warwickshire | 33.57 |
| | 3 Anita King | Bedfordshire | 34.78 |
| | 4 L Goodhead | Derbyshire | 35.71 |
| | 5 H Farntain | Lincolnshire | 36.18 |
| | 6 Sonja Sharp | Cambridgeshire | 37.07 |
| | 7 C Deakes | Staffordshire | 37.42 |
| | 8 M Hickman | Northamptonshire | 38.81 |
| | 9 U Schultz | Ox Bucks | 39.11 |
| | 10 Amanda Boyle | Norfolk | 40.32 |
| | 11 Caireen Sutherland | Suffolk | 40.62 |
| | 12 K Jaynes | Worcestershire | 47.11 |
| 21 Mens 50m Backstroke - 35+ | 1 Graham Powell | Bedfordshire | 31.50 |
| | 2 David Francis | Warwickshire | 31.51 |
| | 3 P Long | Lincolnshire | 31.79 |
| | 4 John Mcclatchey | Northamptonshire | 33.01 |
| | 5 D Thurgood | Derbyshire | 33.02 |
| | 6 G Short | Worcestershire | 33.25 |
| | 7 Phillip Cotton | Norfolk | 34.94 |
| | 8 C Holden | Leicestershire | 35.15 |
| | 9 D Lucas | Staffordshire | 35.44 |
| | 10 K Braithwaite | Ox Bucks | 35.75 |
| | 11 Martin Gallagher | Suffolk | 39.34 |
| | 12 Ted Farrier | Cambridgeshire | 39.61 |
| 22 Womens 50m Backstroke - 35+ | 1 Jackie Grace | Warwickshire | 34.02 |
| | 2 L Mcleish | Leicestershire | 34.76 |
| | 3 D Howe | Derbyshire | 36.92 |
| | 4 T Ellis | Staffordshire | 36.92 |
| | 5 Linda Black | Northamptonshire | 38.25 |
| | 6 Hannah Burch | Suffolk | 41.48 |
| | 7 Vall Bull | Norfolk | 41.91 |
| | 8 A Dudley | Lincolnshire | 43.55 |
| | 9 C Chatterton | Worcestershire | 49.49 |
| | 10 Jeanette Ward | Bedfordshire | 53.40 |
| | 11 Cathy Gilmour | Cambridgeshire | 58.96 |
| | 0 Jill Dryden | Ox Bucks | 99 DSQ |
| 23 Mens 50m Backstroke - 45+ | 1 J Mcclatchie | Northamptonshire | 32.04 |
| | 2 R Walczak | Ox Bucks | 32.76 |
| | 3 R Oldfield | Leicestershire | 34.35 |
| | 4 | Warwickshire | 34.37 |
| | 5 F Clarke | Worcestershire | 34.74 |
| | 6 K Sellors | Derbyshire | 37.01 |
| | 7 Tony Weight | Bedfordshire | 37.23 |
| | 8 M Keeble | Lincolnshire | 37.25 |
| | 9 Len Phoenix | Suffolk | 37.30 |
| | 10 J Gudgin | Staffordshire | 37.43 |
| | 11 David Royal | Norfolk | 38.17 |

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| | 12 Gary Nichols | Cambridgeshire | 41.75 |
| 24 Womens 50m Backstroke - 45+ | 1 D Turner | Staffordshire | 36.21 |
| | 2 Susan Cummings | Ox Bucks | 40.18 |
| | 3 P Inwood | Derbyshire | 40.64 |
| | 4 Anne Bourne | Warwickshire | 41.37 |
| | 5 P Le Sage | Lincolnshire | 41.90 |
| | 6 L McClatchey | Northamptonshire | 42.26 |
| | 7 Bev Rawlings | Bedfordshire | 47.02 |
| | 8 Vicki Buck | Suffolk | 47.15 |
| | 9 Judy Smither | Norfolk | 47.70 |
| | 10 P Rhodes | Leicestershire | 51.25 |
| | 11 Sue Johnson | Cambridgeshire | 51.62 |
| 25 Mens 50m Backstroke - 55+ | 1 P Ferguson | Staffordshire | 35.20 |
| | 2 Bob Lord | Warwickshire | 35.29 |
| | 3 Alan Jackson | Bedfordshire | 36.26 |
| | 4 Chris | Norfolk | 39.02 |
| | 5 B Reed | Ox Bucks | 41.52 |
| | 6 B Twigg | Leicestershire | 44.35 |
| | 7 I Benton | Lincolnshire | 48.33 |
| | 8 Terry Moore | Cambridgeshire | 52.04 |
| | 9 Colin Mcchesney | Derbyshire | 1 04.89 |
| 26 Womens 50m Backstroke - 55+ | 1 Ro Palmer | Ox Bucks | 40.96 |
| | 2 Sue Holdich | Suffolk | 44.71 |
| | 3 N Savory | Lincolnshire | 49.21 |
| | 4 D Evans | Staffordshire | 52.96 |
| | 5 J Smith | Leicestershire | 53.87 |
| | 6 Carole Harridge | Warwickshire | 54.17 |
| | 7 Hazel | Norfolk | 57.70 |
| 27 Mens 50m Backstroke - 65+ | 1 T Evans | Derbyshire | 39.59 |
| | 2 Rod Poulter | Warwickshire | 42.88 |
| | 3 Basil Gell | Bedfordshire | 44.59 |
| | 4 R Feld | Lincolnshire | 46.89 |
| | 5 Ian | Norfolk | 52.52 |
| | 6 Don Ward | Northamptonshire | 59.85 |
| | 7 M Fereday | Staffordshire | 1 03.50 |
| | 8 G Chapman | Ox Bucks | 1 10.60 |
| 28 Womens 50m Backstroke - 65+ | 1 R Mcchesney | Derbyshire | 53.45 |
| | 2 V Casey | Lincolnshire | 1 02.26 |
| | 3 Julie Baldwin | Norfolk | 1 02.27 |
| | 4 Andrey Head | Cambridgeshire | 1 09.48 |
| | 5 J Randolph | Staffordshire | 1 09.59 |
| | 6 June Hawkins | Suffolk | 1 12.48 |
| | 7 Peggy Hill | Warwickshire | 1 23.10 |
| 29 Mens 50m Breaststroke - 25+ | 1 Marcel Scholter | Bedfordshire | 31.85 |
| | 2 N Cole | Leicestershire | 32.08 |
| | 3 Martin Gale | Norfolk | 33.01 |
| | 4 Mark Elvy | Northamptonshire | 33.37 |
| | 5 N Paling | Derbyshire | 33.71 |
| | 6 S Hemming | Staffordshire | 33.78 |
| | 7 J Finch | Ox Bucks | 34.72 |
| | 8 S Hillson | Worcestershire | 36.41 |
| | 9 D Osbourne | Lincolnshire | 36.58 |
| | 10 Karle Hammond | Suffolk | 37.60 |
| | 11 Ian Stone | Warwickshire | 41.12 |

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| 30 Womens 50m Breaststroke - 25+ | 1 R James | Lincolnshire | 34.63 |
| | 2 M Keogh | Leicestershire | 37.41 |
| | 3 S Wedgbury | Derbyshire | 37.98 |
| | 4 S Gilman | Staffordshire | 39.40 |
| | 5 Karen Stacey | Warwickshire | 39.48 |
| | 6 Katherine Whitehead | Suffolk | 39.54 |
| | 7 Nicole Page | Northamptonshire | 40.97 |
| | 8 Helen Tappin | Ox Bucks | 42.14 |
| | 9 A Freckelton | Worcestershire | 43.07 |
| | 10 Amanda Boyle | Norfolk | 43.54 |
| | 11 Kirsten Strain | Cambridgeshire | 44.15 |
| | 12 Elaine Honey | Bedfordshire | 46.20 |
| 31 Mens 50m Breaststroke - 35+ | 1 Chris Ryall | Warwickshire | 33.15 |
| | 2 Barry O'Brien | Northamptonshire | 33.84 |
| | 3 M Ward | Leicestershire | 34.22 |
| | 4 Dave Cartledge | Bedfordshire | 34.32 |
| | 5 P Long | Lincolnshire | 34.61 |
| | 6 Martin Gallagher | Suffolk | 34.98 |
| | 7 S Wheelhouse | Derbyshire | 36.57 |
| | 8 Adam Lelean | Norfolk | 37.06 |
| | 9 N Woods | Ox Bucks | 37.95 |
| | 10 G Short | Worcestershire | 38.03 |
| | 11 Colin Hookham | Cambridgeshire | 39.84 |
| | 12 M Jelfs | Staffordshire | 40.21 |
| 32 Womens 50m Breaststroke - 35+ | 1 Hayley Bettinson | Warwickshire | 38.07 |
| | 2 Jane O'Brien | Northamptonshire | 39.84 |
| | 3 Isobel Robson | Norfolk | 40.80 |
| | 4 S Durrant | Leicestershire | 40.99 |
| | 5 E Bovey | Derbyshire | 41.60 |
| | 6 J Hancock | Staffordshire | 41.64 |
| | 7 C Smith | Lincolnshire | 41.99 |
| | 8 B Lord | Worcestershire | 44.89 |
| | 9 Mary Marshall | Bedfordshire | 48.83 |
| | 10 Karen Billington | Suffolk | 48.91 |
| | 11 Jill Dryden | Ox Bucks | 51.34 |
| | 12 Caroline Tyrer | Cambridgeshire | 53.72 |
| 33 Mens 50m Breaststroke - 45+ | 1 Frank Stoney | Warwickshire | 35.18 |
| | 2 T Ward | Staffordshire | 36.78 |
| | 3 Stuart Sherman | Northamptonshire | 37.23 |
| | 4 I Muir | Worcestershire | 38.72 |
| | 5 G Green | Lincolnshire | 38.99 |
| | 6 G Dale | Ox Bucks | 39.13 |
| | 7 Phillip Coghlan | Norfolk | 39.79 |
| | 8 G Kelham | Leicestershire | 41.05 |
| | 9 Ted Farrier | Cambridgeshire | 41.49 |
| | 10 K Sellors | Derbyshire | 42.00 |
| | 11 Len Phoenix | Suffolk | 42.24 |
| | 12 Les Dawes | Bedfordshire | 44.19 |
| 34 Womens 50m Breaststroke - 45+ | 1 J Hughes | Lincolnshire | 42.16 |
| | 2 Chris Ayres | Bedfordshire | 44.11 |
| | 3 V Davies | Staffordshire | 44.87 |
| | 4 Ann Russell | Ox Bucks | 44.99 |
| | 5 K Allen | Derbyshire | 45.66 |
| | 6 Janet Wood | Northamptonshire | 46.40 |
| | 7 Janet Porter | Warwickshire | 46.46 |
| | 8 Pauline Holland | Suffolk | 46.83 |
| | 9 Judy Smither | Norfolk | 46.96 |

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| | 10 J Clarke | Leicestershire | 50.55 |
| | 11 Sue Johnson | Cambridgeshire | 51.76 |
| 35 Mens 50m Breaststroke - 55+ | 1 B Twigg | Leicestershire | 39.92 |
| | 2 Bob Lord | Warwickshire | 40.12 |
| | 3 B Reed | Ox Bucks | 40.61 |
| | 4 F Jones | Worcestershire | 40.96 |
| | 5 Gordon Eagle | Norfolk | 42.74 |
| | 6 Paul Clarke | Bedfordshire | 43.80 |
| | 7 M Mclau | Lincolnshire | 45.37 |
| | 8 Terry Moore | Cambridgeshire | 45.39 |
| | 9 E Hastings | Staffordshire | 50.57 |
| 36 Womens 50m Breaststroke - 55+ | 1 Ro Palmer | Ox Bucks | 42.04 |
| | 2 Brenda Hallard | Warwickshire | 47.27 |
| | 3 Sue Holdich | Suffolk | 48.57 |
| | 4 N Savory | Lincolnshire | 49.25 |
| | 5 J Smith | Leicestershire | 52.37 |
| | 6 D Evans | Staffordshire | 58.84 |
| | 7 Jean Thomas | Northamptonshire | 1 00.81 |
| | 8 Bee Allen | Bedfordshire | 1 05.82 |
| 37 Mens 50m Breaststroke - 65+ | 1 T Evans | Derbyshire | 42.17 |
| | 2 R Poulter | Suffolk | 44.45 |
| | 3 Basil Gell | Bedfordshire | 46.50 |
| | 4 Seymour Banning | Norfolk | 49.56 |
| | 5 M Fereday | Staffordshire | 56.67 |
| | 6 R Feld | Lincolnshire | 1 00.22 |
| | 7 G Chapman | Ox Bucks | 1 00.47 |
| | 8 L Smith | Leicestershire | 1 04.34 |
| 38 Womens 50m Breaststroke - 65+ | 1 V Casey | Lincolnshire | 54.31 |
| | 2 R Mcchesney | Derbyshire | 1 00.17 |
| | 3 Audrey Head | Cambridgeshire | 1 01.37 |
| | 4 Peggy Hill | Warwickshire | 1 05.99 |
| | 5 June Hawkins | Suffolk | 1 08.27 |
| | 6 M Holmes | Staffordshire | 1 10.16 |
| | 7 Julie Baldwin | Norfolk | 1 17.01 |
| | 8 S Smith | Leicestershire | 1 30.72 |
| 39 Mens 50m Freestyle - 25+ | 1 Marcel Scholten | Bedfordshire | 25.39 |
| | 2 Scott Brown | Norfolk | 25.43 |
| | 3 R Stock | Leicestershire | 25.80 |
| | 4 P Irving | Derbyshire | 25.94 |
| | 5 Mark Ossterritter | Suffolk | 25.94 |
| | 6 Stuart Harris | Northamptonshire | 26.21 |
| | 7 K Deakes | Staffordshire | 26.96 |
| | 8 S Baker | Ox Bucks | 27.16 |
| | 9 M Wilkinson | Lincolnshire | 27.21 |
| | 10 Paul Rogers | Warwickshire | 27.79 |
| | 11 S Hillson | Worcestershire | 28.48 |
| 40 Womens 50m Freestyle - 25+ | 1 D Farmer | Derbyshire | 29.68 |
| | 2 R James | Lincolnshire | 30.06 |
| | 3 Anita King | Bedfordshire | 30.10 |
| | 4 Jo Johnson | Norfolk | 30.47 |
| | 5 Brenda Clunnie | Warwickshire | 30.55 |
| | 6 N Avins | Leicestershire | 31.01 |
| | 7 H Gilman | Staffordshire | 31.18 |
| | 8 Tanya Clifton | Cambridgeshire | 31.35 |
| | 9 Katherine Whitehead | Suffolk | 31.99 |

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| | 10 U Schulz | Ox Bucks | 32.76 |
| | 11 M Hickman | Northamptonshire | 34.56 |
| | 12 K Keith | Worcestershire | 41.47 |
| 41 Mens 50m Freestyle - 35+ | 1 P Long | Lincolnshire | 25.47 |
| | 2 Martin Gallagher | Suffolk | 26.45 |
| | 3 S Jary | Leicestershire | 27.30 |
| | 4 K Braithwaite | Ox Bucks | 27.46 |
| | 5 D Thurgood | Derbyshire | 28.02 |
| | 6 P Baker | Warwickshire | 28.17 |
| | 7 David Hammond | Cambridgeshire | 28.21 |
| | 8 Phillip Cotton | Norfolk | 28.36 |
| | 9 David Clarkstone | Northamptonshire | 29.23 |
| | 10 D Lucas | Staffordshire | 29.38 |
| | 11 M Sloan | Worcestershire | 31.87 |
| | 12 David Gibbs | Bedfordshire | 33.43 |
| 42 Womens 50m Freestyle - 35+ | 1 L Mcleish | Leicestershire | 29.63 |
| | 2 L Gowland | Staffordshire | 30.55 |
| | 3 Linda Black | Northamptonshire | 31.62 |
| | 4 Mia Louise Bratt | Warwickshire | 32.01 |
| | 5 Isobel Robson | Norfolk | 32.16 |
| | 6 Karen Billington | Suffolk | 32.22 |
| | 7 A Holland | Derbyshire | 34.66 |
| | 8 C Brown | Lincolnshire | 35.39 |
| | 9 M Elliot | Worcestershire | 37.65 |
| | 10 Carol Smallman | Cambridgeshire | 38.83 |
| | 11 Sheila Morgan | Bedfordshire | 39.90 |
| | 12 J Dryden | Ox Bucks | 40.33 |
| 43 Mens 50m Freestyle - 45+ | 1 T Ward | Staffordshire | 27.12 |
| | 2 T Clark | Warwickshire | 27.22 |
| | 3 J Mcclatchey | Northamptonshire | 28.11 |
| | 4 Len Phoenix | Suffolk | 30.03 |
| | 5 B Ravenscroft | Leicestershire | 30.10 |
| | 6 M Fisher | Ox Bucks | 30.31 |
| | 7 Alan Duffield | Worcestershire | 30.35 |
| | 8 John Grayston | Norfolk | 30.37 |
| | 9 M Kable | Lincolnshire | 30.79 |
| | 10 M Sarsfield | Derbyshire | 31.66 |
| | 11 Tony Weight | Bedfordshire | 31.99 |
| | 12 Gary Nichols | Cambridgeshire | 32.24 |
| 44 Womens 50m Freestyle - 45+ | 1 Pauline Cooke | Warwickshire | 32.95 |
| | 2 J Vicars | Lincolnshire | 32.96 |
| | 3 Pauline Holland | Suffolk | 33.22 |
| | 4 P Inwood | Derbyshire | 34.38 |
| | 5 L Stretton | Staffordshire | 34.65 |
| | 6 Janet Wood | Northamptonshire | 35.69 |
| | 7 Bev Rawlings | Bedfordshire | 37.44 |
| | 8 Sue Johnson | Cambridgeshire | 38.05 |
| | 9 B Kolbert | Ox Bucks | 39.05 |
| | 10 Lee Flatman | Norfolk | 40.42 |
| | 11 J Kirby | Leicestershire | 51.47 |
| 45 Mens 50m Freestyle - 55+ | 1 Bob Lord | Warwickshire | 28.77 |
| | 2 Chris Staines | Norfolk | 29.88 |
| | 3 P Ferguson | Staffordshire | 30.10 |
| | 4 Alan Jackson | Bedfordshire | 30.39 |
| | 5 Roger Patrick | Northamptonshire | 32.87 |
| | 6 D Hall | Ox Bucks | 34.11 |

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| | 7 B Twigg | Leicestershire | 34.19 |
| | 8 Richard Goddard | Cambridgeshire | 36.69 |
| | 9 C Plumb | Lincolnshire | 37.02 |
| | 10 F Jones | Worcestershire | 38.86 |
| | 11 C Mcchesney | Derbyshire | 39.81 |
| 46 Womens 50m Freestyle - 55+ | 1 Sue Holdich | Suffolk | 37.11 |
| | 2 | Warwickshire | 37.28 |
| | 3 B Legg | Ox Bucks | 39.71 |
| | 4 D Evans | Staffordshire | 40.92 |
| | 5 N Savory | Lincolnshire | 41.82 |
| | 6 J Smith | Leicestershire | 46.85 |
| | 7 Hazel Greenfield | Norfolk | 49.15 |
| | 8 Bee Allen | Bedfordshire | 57.34 |
| | 9 Jean Thomas | Northamptonshire | 1 10.89 |
| 47 Mens 50m Freestyle - 65+ | 1 T Evans | Derbyshire | 32.28 |
| | 2 Basil Gell | Bedfordshire | 37.10 |
| | 3 Rod Poulter | Warwickshire | 38.08 |
| | 4 R Feld | Lincolnshire | 39.53 |
| | 5 Ian Milligan | Norfolk | 42.48 |
| | 6 L Smith | Leicestershire | 44.63 |
| | 7 Don Ward | Northamptonshire | 45.06 |
| | 8 M Fereday | Staffordshire | 50.63 |
| | 9 G Chapman | Ox Bucks | 51.88 |
| 48 Womens 50m Freestyle - 65+ | 1 R Mcchesney | Derbyshire | 47.63 |
| | 2 P Brand | Lincolnshire | 54.05 |
| | 3 Audrey Head | Cambridgeshire | 54.31 |
| | 4 Julie Baldwin | Norfolk | 57.41 |
| | 5 J Randolph | Staffordshire | 58.45 |
| | 6 June Hawkins | Suffolk | 58.50 |
| | 7 Peggy Hill | Warwickshire | 1 10.08 |
| | 8 S Smith | Leicestershire | 1 34.70 |
| 49 Mens 4*50m Freestyle Relay - 100+ | 1 | Leicestershire | 1 43.66 |
| | 2 | Derbyshire | 1 45.08 |
| | 3 | Norfolk | 1 47.20 |
| | 4 | Suffolk | 1 48.22 |
| | 5 | Staffordshire | 1 50.21 |
| | 6 | Ox Bucks | 1 52.53 |
| | 7 | Northamptonshire | 1 53.03 |
| | 8 | Warwickshire | 1 55.07 |
| | 9 | Worcestershire | 1 57.52 |
| | 10 | Bedfordshire | 1 59.05 |
| | 11 | Lincolnshire | 2 02.49 |
| 50 Womens 4*50m Freestyle Relay - 100+ | 1 | Leicestershire | 1 59.53 |
| | 2 | Derbyshire | 2 04.94 |
| | 3 | Staffordshire | 2 07.65 |
| | 4 | Cambridgeshire | 2 09.33 |
| | 5 | Northamptonshire | 2 09.90 |
| | 6 | Suffolk | 2 12.93 |
| | 7 | Norfolk | 2 14.02 |
| | 8 | Ox Bucks | 2 21.04 |
| | 9 | Bedfordshire | 2 22.42 |
| | 10 | Worcestershire | 2 45.70 |
| | 0 | Lincolnshire | 99 DSQ |
| | 0 | Warwickshire | 99 DSQ |
| 51 Mens 4*50m Freestyle Relay - 160+ | 1 | Warwickshire | 1 50.64 |

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| | 2 | Bedfordshire | 1 51.07 |
| | 3 | Lincolnshire | 1 51.47 |
| | 4 | Northamptonshire | 1 51.90 |
| | 5 | Ox Bucks | 1 51.99 |
| | 6 | Leicestershire | 1 54.64 |
| | 7 | Staffordshire | 1 54.79 |
| | 8 | Norfolk | 1 55.76 |
| | 9 | Suffolk | 2 00.55 |
| | 10 | Worcestershire | 2 01.05 |
| | 11 | Cambridgeshire | 2 08.24 |
| | 12 | Derbyshire | 2 09.32 |
| 52 Womens 4*50m Freestyle Relay - 160+ | 1 | Staffordshire | 2 09.63 |
| | 2 | Suffolk | 2 10.43 |
| | 3 | Leicestershire | 2 12.95 |
| | 4 | Northamptonshire | 2 13.40 |
| | 5 | Lincolnshire | 2 21.88 |
| | 6 | Warwickshire | 2 27.53 |
| | 7 | Derbyshire | 2 27.64 |
| | 8 | Bedfordshire | 2 28.63 |
| | 9 | Norfolk | 2 29.59 |
| | 10 | Worcestershire | 2 29.79 |
| | 11 | Ox Bucks | 2 31.06 |
| | 12 | Cambridgeshire | 2 48.16 |
| 53 Mens 4*50m Freestyle Relay - 200+ | 1 | Warwickshire | 1 54.89 |
| | 2 | Northamptonshire | 1 58.17 |
| | 3 | Ox Bucks | 1 59.24 |
| | 4 | Worcestershire | 2 03.77 |
| | 5 | Leicestershire | 2 04.18 |
| | 6 | Norfolk | 2 07.92 |
| | 7 | Staffordshire | 2 09.64 |
| | 8 | Derbyshire | 2 13.91 |
| | 9 | Bedfordshire | 2 14.17 |
| | 10 | Lincolnshire | 2 19.31 |
| | 0 | Cambridgeshire | 99 DSQ |
| 54 Womens 4*50m Freestyle Relay - 200+ | 1 | Warwickshire | 2 11.24 |
| | 2 | Lincolnshire | 2 31.61 |
| | 3 | Ox Bucks | 2 34.78 |
| | 4 | Staffordshire | 2 39.68 |
| | 5 | Norfolk | 2 42.38 |
| | 6 | Derbyshire | 2 43.40 |
| | 7 | Bedfordshire | 2 49.09 |
| | 8 | Suffolk | 2 49.10 |
| | 9 | Leicestershire | 2 56.40 |
| | 0 | Cambridgeshire | 99 DSQ |
| 55 Mens 4*50m Freestyle Relay - 240+ | 1 | Bedfordshire | 2 23.50 |
| | 2 | Ox Bucks | 2 25.23 |
| | 3 | Lincolnshire | 2 31.35 |
| | 4 | Staffordshire | 2 47.55 |
| | 0 | Norfolk | 99 DSQ |
| 56 Womens 4*50m Freestyle Relay - 240+ | 1 | Warwickshire | 2 55.50 |
| | 2 | Lincolnshire | 3 14.99 |
| | 3 | Staffordshire | 3 49.98 |