



Midland Masters Championships



Leamington Spa

Session Number 1 Friday 24 April 2009

Event Number 1 Mixed Masters 400m Freestyle

Female

Age Group - 25-29 yrs

British Record - 04:28.06

1	Kirstie Donaldson	Etwell	4 54.96
	31.59	1 06.61	1 44.17
	3 00.88	3 39.19	4 18.64
2	Sabrina Marsh	Spondon	4 56.35
	34.58	1 12.68	1 50.87
	3 06.98	3 44.15	4 20.79
3	Kirsty Hodd	Spencer	5 04.73
	33.34	1 10.23	1 47.92
	3 05.18	3 44.76	4 24.93
4	Cat Murphy	Birmingham M	5 31.08
	36.81	1 16.55	1 58.27
	3 23.17	4 06.28	4 49.13
5	Laura Davies	Birmingham M	5 40.56
	36.19	1 17.03	1 59.40
	3 26.68	4 11.63	4 56.25
6	Claire Mc Mahon	Barnet Copt	6 15.40
	40.47	1 25.85	2 13.56
	3 49.84	4 38.12	5 27.59

Age Group - 30-34 yrs

British Record - 04:36.31

1	Nicola Smith	Northampton	5 16.61
	34.73	1 13.64	1 53.51
	3 14.68	3 55.60	4 36.75
2	Helen Spokes	Birmingham M	5 45.57
	36.34	1 17.24	2 00.27
	3 29.40	4 15.37	5 01.81
3	Laura Mc Caughey	Birmingham M	5 46.14
	37.89	1 18.96	2 02.38
	3 31.36	4 17.27	5 03.31
4	Claire Vallance	Co Oxford	5 58.43
	40.56	1 25.07	2 11.27
	3 43.22	4 28.67	5 14.15
5	Kirsty Harvey	Co Oxford	6 02.76
	40.90	1 25.68	2 11.50
	3 43.63	4 30.51	5 17.15

Age Group - 35-39 yrs

British Record - 04:33.34

1	Elizabeth Simpson	Long Eaton	5 07.37
	34.56	1 12.54	1 51.70
	3 10.51	3 50.04	4 29.61
2	Karen Bates	Rugby	5 16.31
	34.56	1 12.65	1 52.04
	3 12.36	3 53.12	4 34.96
3	Kim Winwood	Birmingham M	5 20.14
	36.83	1 16.77	1 57.44
	3 18.93	3 59.72	4 40.10
4	Sarah Gilman	Etwell	5 57.43
	38.77	1 22.02	2 07.87
	3 40.51	4 28.06	5 14.56

Age Group - 40-44 yrs

British Record - 04:39.98

1	Sarah Brandrck	Co Derby	5 10.62
	34.35	1 12.68	1 52.23
	3 12.11	3 51.87	4 31.34
2	Joanne Highfield	Lincoln Vulc	5 42.35
	37.91	1 19.36	2 02.54
	3 30.45	4 14.92	4 59.54
3	Lorraine Ayres	Birmingham M	6 15.34
	40.06	1 24.96	2 12.71
	3 50.93	4 39.80	5 28.88
4	Linda Mellor	Etwell	6 54.98
	44.01	1 33.71	2 26.06
	4 14.47	5 08.59	6 02.98

Age Group - 45-49 yrs

British Record - 04:54.55

1	Vicki Linton-Crook	Camden Swiss	5 12.36
	35.17	1 13.38	1 52.56
	3 11.41	3 51.83	4 32.48
2	Hannah Ueckermann	Witham Dolph	5 21.67
	37.20	1 16.83	1 57.00
	3 19.43	4 00.63	4 41.85
3	Ruth Cheema	Market Har	5 38.85
	38.58	1 21.04	2 04.02
	3 30.40	4 13.35	4 56.40
4	Valerie Bull	Diss Otters	6 25.02
	44.05	1 31.69	2 20.84
	3 58.65	4 47.76	5 36.79
5	Jacqueline Maycock	South Beds M	6 56.66
	44.90	1 33.03	2 25.69
	4 14.87	5 09.68	6 03.78

Age Group - 50-54 yrs

British Record - 05:03.55

1	Karen Jennings	Spondon	5 16.49
	36.29	1 15.39	1 55.44
	3 16.69	3 57.16	4 37.34
2	Kate Chase	Camphill Ed	5 50.40
	40.95	1 26.02	2 11.04
	3 39.99	4 24.91	5 09.08
3	Janet Briggs	Etwell	6 19.97
	42.35	1 29.47	2 18.02
	3 55.48	4 44.88	5 34.28
4	Paula Heywood	South Beds M	6 48.42
	44.42	1 35.33	2 28.01
	4 14.35	5 07.06	5 59.46

Age Group - 55-59 yrs

British Record - 05:11.26

1	Anne Bourne	Camphill Ed	5 15.99
	36.64	1 16.21	1 56.08
	3 16.56	3 56.30	4 36.88
2	Jayne Ball	Gloucester M	5 37.48
	37.50	1 18.70	2 01.31
	3 28.30	4 11.84	4 55.32
3	Pauline Inwood	Co Derby	5 51.11
	40.11	1 24.50	2 09.79
	3 40.18	4 24.63	5 09.23
4	Christine Ayers	South Beds M	6 05.51
	39.69	1 24.79	2 11.02
	3 44.73	4 31.36	5 18.35
5	Alison Wilson	Shrewsbury	6 32.89
	42.17	1 30.40	2 20.29
	4 01.57	4 53.37	5 44.73



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6 Susan Cramb	Birmingham M	6 49.70
44.83	2 227.63	3 20.10
4 12.28	5 04.46	5 57.42
7 Liz Neale	Co Milton K	6 53.16
46.37	2 30.72	3 23.94
4 17.19	5 09.90	6 02.98
8 Susan Cummings	Bicester	7 18.66
47.20	2 36.14	3 33.23
4 30.47	5 26.67	6 23.38
9 Sally Lelean	Diss Otters	7 46.57
53.95	2 51.48	3 51.02
4 50.71	5 50.60	6 49.39
10 Janice Appleton	Bicester	8 40.60
58.17	3 10.84	4 17.81
5 24.95	6 31.44	7 37.37

Age Group - 60-64 yrs British Record - 05:46.39

1 Pauline Cooke	Birmingham M	6 22.34
43.22	2 19.32	3 07.91
3 56.82	4 45.71	5 34.83

Age Group - 65-69 yrs British Record - 06:00.99

1 Barbara Legg	Bicester	7 55.77
50.45	2 48.58	3 50.68
4 52.23	5 53.52	6 55.21

Age Group - 70-74 yrs British Record - 06:00.34

1 Jenny Ball	Camphill Ed	7 18.86
50.30	2 41.25	3 38.11
4 35.03	5 30.40	6 25.20

Male

Age Group - 18-24 yrs British Record - 03:53.12

1 William Jolly	Lincoln Vulc	4 05.80
28.72	1 30.88	2 02.16
2 33.60	3 35.66	
2 Allan Mc Roberts	Norwich Swan	4 48.85
31.13	1 41.06	2 17.52
2 55.07	3 32.56	4 11.02
3 Bobby Oag	Co Oxford	4 51.00
32.18	1 45.19	2 22.30
2 59.60	3 37.49	4 15.25
4 Mark Briggs	Etwall	5 32.20
36.24	1 59.21	2 42.73
3 26.45	4 10.06	4 52.05

Age Group - 30-34 yrs British Record - 04:05.17

1 Matt Wardle	Kenilworth M	4 25.79
29.39	1 34.77	2 08.51
2 42.54	3 17.17	3 51.71
2 Alisteer Witt	Royal Navy	4 32.99
30.63	1 38.84	2 13.84
2 47.89	3 57.81	
3 Stephen Tomlinson	Camphill Ed	4 45.79
32.50	1 44.02	2 21.20
2 57.96	3 34.76	4 10.72

Age Group - 35-39 yrs British Record - 04:09.02

1 Wayne Stott	NottmLeander	4 38.37
30.37	1 03.87	2 15.15
2 51.12	3 27.35	4 03.54
2 Greg Banham	Co Chester	4 42.39
32.93	1 07.96	2 19.65
2 54.78	3 30.53	4 07.24
3 James Bainbridge	Camphill Ed	4 47.24
31.36	1 06.09	2 18.46
2 55.40	3 32.33	4 09.80
4 Brett Robinson	Halesowen	5 09.38
31.88	1 06.62	2 23.65
3 04.36	3 45.66	4 27.83

Age Group - 40-44 yrs British Record - 04:14.78

1 Dave Bailey	Co Derby	4 35.63
32.01	1 40.90	2 16.11
2 51.62	3 27.33	4 03.32
2 Clive Roberts	Co Chester	4 36.99
32.34	1 42.89	2 18.57
2 54.38	3 30.13	4 05.19
3 Dirk Cox	Kenilworth M	4 39.17
30.66	1 38.99	2 14.20
2 50.35	3 27.00	4 03.49
4 Robert Isherwood	Lincoln Vulc	5 12.29
34.89	1 51.52	2 31.72
3 12.18	3 52.42	4 32.95
5 Giles Thomas	Newark	5 25.33
35.62	1 14.16	2 36.09
3 18.38	4 01.18	4 44.42
6 Clive Smith	Etwall	5 35.96
36.95	1 59.43	2 42.39
3 25.50	4 08.16	4 53.33
7 Keith Spence	South Beds M	6 36.99
41.96	1 28.60	2 17.71
4 00.31	3 45.48	4 55.53

Age Group - 45-49 yrs British Record - 04:23.90

1 Mark Jones	Prescot	4 37.66
32.13	1 06.88	2 18.38
2 54.55	3 30.61	4 04.55
2 David Clarke	Northgate	4 38.07
32.36	1 07.60	2 18.73
2 54.39	3 29.98	4 05.13
3 Dale Barker	Stowmarket	4 45.85
33.94	1 10.25	2 22.18
2 58.09	3 34.17	4 10.09
4 Adam Lelean	Diss Otters	4 58.22
33.33	1 10.23	2 26.58
3 04.56	3 42.58	4 21.02
5 Stevan Eggleton	Camphill Ed	5 06.09
33.93	1 11.32	2 27.30
3 06.58	3 45.95	4 26.63
6 Simon Langstaff	Lichfield	5 14.82
33.70	1 10.41	2 28.87
3 09.66	3 51.17	4 33.46
7 Dave Bethall	Kenilworth M	6 18.72
37.44	1 22.31	2 58.28
3 47.56	4 37.90	5 28.16



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Age Group - 50-54 yrs

British Record - 04:29.87

1 Ian Murray	Flitwick	5 00.23
33.03	1 08.97	1 46.29
3 04.29	3 44.56	2 25.38
		4 23.86
2 Colin Leiper	Birmingham M	5 06.64
34.13	1 11.40	1 49.70
3 08.29	3 47.87	2 29.19
		4 27.91
3 Mick Parker	Northampton	5 24.24
36.30	1 14.99	1 55.17
3 17.70	3 59.69	2 36.24
		4 42.18
4 Christopher Marshall	South Beds M	5 30.93
35.85	1 17.02	1 58.79
3 24.21	4 07.25	2 40.83
		4 49.95

Age Group - 80-84 yrs

British Record - 07:32.46

1 Ted Hoy	Shrewsbury	8 15.64
	52.27	1 55.06
	5 07.92	2 59.86
		4 04.24
		7 13.73

Age Group - 55-59 yrs

British Record - 04:39.95

1 Trevor Clark	Kenilworth M	4 53.84
33.70	1 10.60	1 47.74
3 02.82	3 39.86	2 25.62
		4 17.35
2 Ian Duckham	Marlborough	5 33.08
37.83	1 18.36	2 00.20
3 25.84	4 09.20	2 42.74
		4 52.16
3 Peter Iles	South Beds M	5 33.97
37.07	1 18.72	2 01.80
3 28.02	4 10.64	2 44.78
		4 52.93
4 Martin Sarsfield	Long Eaton	5 52.61
38.50	1 22.22	2 07.58
3 38.32	4 24.35	2 53.61
		5 09.48
5 Clive Whittaker	Birmingham M	6 44.93
45.62	1 35.78	2 27.84
4 12.06	5 03.35	3 20.04
		5 55.58
6 Gerald Bishop	Camphill Ed	7 20.98
46.73	1 41.47	2 37.24
4 32.27	5 28.85	3 35.36
		6 26.94

Age Group - 60-64 yrs

British Record - 04:40.45

1 Chris Burge	Etwell	5 48.99
38.07	1 20.53	2 04.58
3 35.93	4 20.98	2 50.47
		5 06.58
2 Christopher Scotcher	Co Oxford	6 24.76
43.54	1 31.40	2 20.63
3 58.60	4 48.05	3 09.75
		5 37.42

Age Group - 65-69 yrs

British Record - 05:09.96

1 Tony Cherrington	Gloucester M	5 17.61
35.94	1 14.81	1 55.14
3 17.08	3 58.45	2 36.47
		4 40.01
2 Keith Ingram	Birmingham M	5 55.11
36.68	1 18.75	2 03.20
3 34.17	4 20.97	2 48.03
		5 08.36
3 Nigel Salisbury	Reading	6 25.80
44.28	1 34.90	2 26.48
4 06.37	4 54.98	3 17.17
		5 42.85
4 Jim Peto	Wellingboro	7 26.34
48.40	1 42.56	2 38.82
4 34.74	5 32.68	3 37.36
		6 30.26

Age Group - 70-74 yrs

British Record - 05:29.65

1 Mick Marshall	Birmingham M	5 44.95
38.31	1 20.36	2 04.46
3 32.83	4 17.42	2 48.60
		5 01.27